



VA Women Veterans Health Program

Veterans Affairs [VA] supports the health of women veterans and their families. VA offers complete health care services for women Veterans.

What Services are offered through the VA for women?

The program offers many medical services to OEF/OIF women veterans who are **enrolled** for *VA Health Benefits. These services include, but are not limited to:

1. **Primary Care Services**

- ✓ Nutrition and weight control therapy
- ✓ Help to stop smoking and substance abuse program
- ✓ Screening and treatment for heart disease, diabetes, and cancer
- ✓ Care or treatment for common disorders such as osteoporosis and fibromyalgia
- ✓ Care or treatment for sexually transmitted diseases, including HIV and Hepatitis

2. **Reproductive Health Care**

- ✓ Birth control and family planning
- ✓ Initial evaluation for gynecologic (GYN) care with a referral to a provider if needed
- ✓ Care for menopause, sexual health and urinary issues
- ✓ Human papillomavirus (HPV) vaccination
- ✓ Limited fertility services (not including in-vitro fertilization)

3. **Referral to Mental Health Services to help with:**

- ✓ Post-deployment adjustment
- ✓ Depression, anxiety, and mood disorders
- ✓ Sexual intimacy and military sexual trauma
- ✓ Anger management issues and domestic violence
- ✓ Parenting, Marital problems, and caregiver/ family-related stress

4. **Pregnancy Services**

- ✓ Prenatal, delivery, and postnatal care is available for **eligible** women veterans. Contact your **Woman Veterans Program Manager or current VA provider for more information.

5. **Referral to Rehabilitation Services for:**

- ✓ Physical therapy and exercise therapy
- ✓ Occupational therapy
- ✓ Speech-language therapy
- ✓ Recreational therapy
- ✓ Vocational therapy

Who is Eligible for the VA Women Veterans Health Program?

Woman veterans are **eligible** if they:

1. Served in OEF and/or OIF **AND**
2. Enrolled for ***VA Health Benefits**

Who can help me access VA healthcare?

Your **Women Veterans Program Manager can help you understand which VA services you are available. They can help guide you through the VA system. You can reach the Woman Veterans Program Manager at:

VA Caribbean Healthcare System
10 Casia St. San Juan, Puerto Rico 00921
Phone: (787) 641-7582 Ext: 31422
Fax: (787) 641-4559
Toll Free: 1(800) 449-8729

For More Information, Call Toll-Free **1-877-222-VETS (8387)**
Monday through Friday, between the hours of 8 AM and 8 PM
Eastern Time
or Visit Our Web Site At **<http://www.va.gov/womenvet>**

* Refer to “A Guide for Service Members: VA Medical Benefits” for a step by step guide on how to enroll for VA Healthcare Benefits