

Outcomes and Patient Satisfaction:

The SSP is part of the Comprehensive Integrated Inpatient Rehabilitation Program and is accredited by the Joint Commission (TJC), and the Commission of Accreditation of Rehabilitation Facilities (CARF).

Services are available 24 hours a day, 7 days a week

- In 2011, we treated 68 veterans stroke survivors with an average length of stay of 16 days.
- Our stroke patients achieved functional gains similar or higher than those in other VA facilities, or the private sector.
- 86% of our patients were able to safely return home and their communities. Our program has higher rates of patients returning to their homes than other VA facilities and the private sector.
- 80% of program participants and their families rated the services as **Excellent**.
- 100% would recommend our Program to other Veterans.



To our Stakeholders:

For complete information regarding our Scope of Services, request a copy of our *CIIRP Operations and Planning Service Memorandum* or Access our Sharepoint site in the VA Intranet.

To our Potential Patients:

For additional information you may Access our Orientation Manual in our Website at:

<http://www.caribbean.va.gov/>

For a complete and recent

Outcomes Report

Please, visit our website



For additional information please contact:

CIIRP Case Manager

Phone: (787) 641-7582

Extensions: 83126, 11335



Physical Medicine and
Rehabilitation Service
(PM&R)



Comprehensive-Integrated
Inpatient Rehabilitation
Program
(CIIRP)

Stroke Specialty
Program

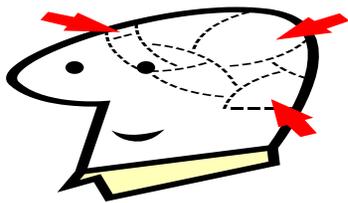
Stroke Specialty Program

Our **Stroke Specialty Program** (SSP) is an integral component of the Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP).

On average, participants stay approximately 16 days in our program.

The SSP provides interventions addressing the needs of the person served throughout the continuum of care in the following areas:

- Prevention, recognition, assessment, and treatment of conditions related to stroke and its complications, including but not limited to High Blood Pressure, Diabetes, Hypercholesterolemia, etc.
- Promotion of lifestyle changes that focus on reducing the risk factors for recurrent stroke.
- Functional independence.
- Psychological and social coping and adaptation skills.
- Community integration and participation in life roles.
- Services for families/support systems, including education, family conferences and support groups.



In addition to **all the services available upon admission to CIIRP**, the SSP will make arrangements as needed to address:

- Anxiety
- Aphasia and other communication disorders
- Cardiovascular status
- Cognitive function
- Other medical conditions
- Continence
- Depression
- Dysphagia/Eating & Swallowing Disorders
- Hearing
- Hydration
- Mood disturbances
- Motor function
- Nutrition
- Perceptual deficits
- Sexuality and intimacy
- Skin integrity
- Visual deficits
- Chemical dependency counseling
- Diagnostic radiology
- Driving training
- Vocational rehabilitation
- Consultation to sub-specialties
- Health Promotion Services
- Services that prevent illnesses
- Health Screenings
- Healthcare delivery services

A comprehensive **education** program will be developed according to the needs of the person served. This may include among other topics:

- Accessing emergency care if necessary
- Adaptation to stroke
- Aging with a disability
- Assistive devices
- Caregiver support
- Cognition
- Communication
- Health risks
- Home modifications
- Home safety
- Hydration
- Nutrition
- Prevention of New conditions
- How to prevent worsening of existing conditions
- Self-advocacy
- Sexuality and intimacy
- Signs and symptoms of and response to recurring strokes
- Smoking cessation
- Specific healthcare procedures and techniques
- Swallowing problems
- Application, use and care of orthotics, splints or other positioning devices

Admission & Discharge criteria are the same as for the general rehabilitation (CIIRP) program.