

## Program Outcomes and Patient Satisfaction:

This program is accredited by the Joint Commission (TJC) and the Commission for the Accreditation of Rehabilitation Facilities (CARF).

- In 2014, we treated 388 veterans with an average length of stay of 13 days.
- Persons admitted to our unit achieve functional gains that are similar or higher than those in other VA facilities, or the private sector.
- 90% of our patients are able to safely return home and to their communities. Our program has higher rates of patients returning to their homes than other VA facilities and the private sector.
- 80% of our participants and their families described our services as excellent.
- 99% of our participants would recommend our Program to other Veterans.

Source: Uniform Data System for Medical Rehabilitation, Standard Report, 2014/ USPEQ Satisfaction Survey 2014.



### To our Stakeholders:

For complete information regarding our Scope of Services, request a copy of our *CIIRP Operations and Planning Service Memorandum* or Access our Sharepoint site in the VA Intranet.

### To our Potential Patients:

For additional information you may Access our Orientation Manual on our Website at:

<http://www.caribbean.va.gov/>

For a complete and recent

### Outcomes Report

Please, visit our website at:

<http://www.caribbean.va.gov>



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## Comprehensive-Integrated Inpatient Rehabilitation Program



## Physical Medicine and Rehabilitation Service

(PM&R)

The Physical Medicine and Rehabilitation Service at the VACHS provides a comprehensive, integrated, in-patient program. The program is located in ward 3K of the South Bed Tower in the San Juan main facility. We count with a 20-bed state of the art unit. The program offers services to eligible veterans with a wide variety of medical conditions requiring rehabilitation.

The most common are:

1. Orthopedic Conditions
2. Debility/Deconditioning
3. Stroke
4. Amputations
5. Brain Dysfunction

The program also serves, but is not limited to treat persons with:

1. Neurological Disorders
2. Major Multiple Trauma
3. Cancer
4. Polytrauma
5. Cardiac, pulmonary conditions.

Services are provided by an interdisciplinary team that includes:

1. Psychiatrists
2. Rehabilitation Nurses
3. Physical Therapist
4. Occupational Therapist
5. Recreational Therapist
6. Social Worker
7. Speech Pathologist
8. Dietician
9. Psychologist
10. Orthotist/ Prosthetist
11. Case Manager
12. Pharmacist



This program is the intensive portion in the continuum of rehabilitation services. Services are available 24 hours, 7 days a week. Interventions and services are coordinated according to individual **needs and preferences.**

These include, among others:

- Interdisciplinary assessments
- Daily physician rounds
- Individualized care plans
- Patient/family educational activities with emphasis in prevention.
- Support groups/adjustment to condition education
- Training in activities of daily living (mobility, self care, household, leisure)
- Assessments, recommendations and education in the use of assistive devices.
- Home evaluations, if needed
- Evaluations for special wheelchairs and cushions.
- Community re-entry activities
- Coordination of follow-up services

## **Admission Criteria**

**For admission, the person served should:**

- Have significant functional difficulties with performance in daily activities and roles.
- Require 24 hours of nursing care.
- Be medically and psychiatrically stable.
- Have potential to acquire new knowledge or requires development of an environmental management plan that would require caregiver training.
- Be able to tolerate at least three hours of therapeutic interventions per day.
- Require intervention of 2 or more rehabilitation disciplines.
- Be alert and able to follow simple commands or with potential to improve in short period of time.
- Desire to receive rehabilitation at CIIRP.
- Have an established discharge plan prior to admission.

## **Discharge Criteria**

**The person served will be Discharge when:**

- Rehabilitation goals are achieved.
- Is non compliant with treatment.
- Refuses further treatment.
- There is no longer benefit from therapy.
- There is no need for 24 hour care.
- Benefits from other level of care.